

**TO REGISTER:**

This event is **FREE** and open to the public. Space is limited and registration is required. Light refreshments will be served. Please call or email Rosemary McDermott to reserve your space. **503-297-7403**

[rosemary.mcdermott@usoncology.com](mailto:rosemary.mcdermott@usoncology.com)

*Presenters*



**Garfield de Bardelaben, Ph. D.**

Dr. de Bardelaben is a clinical psychologist with over twenty years in practice. Trained as a neuro-psychologist, he provides psychological

assessments and psycho-therapeutic services to adolescent and adult individuals, families and couples. Medical practitioners appreciate his experience and support in assisting patients (and their families) with making psychological and emotional adjustments to chronic medical conditions such as diabetes, cancer, spinal cord injuries, gastro-intestinal and vestibular disorders as well as depression and anxiety. Dr. de Bardelaben is a psychologist at the Avel Gordly Center for Healing and is an Assistant Professor at Oregon Health & Science University, School of Medicine, Department of Psychiatry.



**Ken Weizer, ND**

Dr. Weizer is a naturopathic physician at Providence Integrative Medicine. As a cancer survivor, he understands that an integrative medicine approach can assist with the healing and

recovery process. Because of his personal history, Dr. Weizer has a strong dedication to serve people with serious and life-challenging illness. To educate his patients and the general community, he conducts numerous workshops on Naturopathic medicine, and speaks at local cancer support groups. In addition, Dr. Weizer is an adjunct faculty member of National College of Naturopathic Medicine and Marylhurst University, where he teaches classes on oncology, healing, stress reduction, and communication.

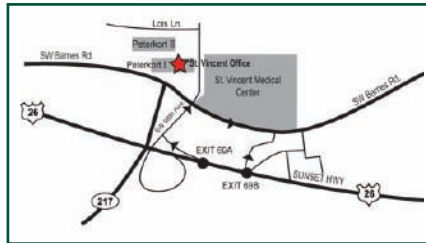
# Prostate Cancer: Managing Side Effects During and After Treatment

**Tuesday,  
April 20, 2010**

**6:00 p.m. - 7:30 p.m.**

**Northwest Cancer Specialists  
St Vincent Office**

**9555 SW Barnes Rd, Suite 150**



NCS – St. Vincents Location

A presentation by Dr. Garfield de Bardelaben and Dr. Ken Weizer on the physical and psycho-social issues associated with prostate cancer and how the use of conventional and integrative medicines can improve quality of life following diagnosis and treatment.

**They will discuss:**

- Risk factors
- Dietary patterns, exercise and weight
- Acupuncture, massage and nutritional evaluation
- Rehabilitation issues
- Mind/body/emotional effects and supportive care needs
- How erectile problems affect men in both intimate and non-intimate lives

**Northwest Cancer Specialists**